Shropshire Community Health NHS
NHS Trust

Public Health Nursing Service
Coral House
11 Longbow Close
Shrewsbury
SY1 3GZ

Website: www.shropscommunityhealth.nhs.uk

September 2021

Dear Parent or Carer,

Re: Healthy Child Programme (HCP) Growth Measurements, Reception

National Child Measurement Programme (NCMP) Reception and Year 6

The height and weight checks are carried out by registered school nurses or trained health care providers. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

The programme will be delivered in a COVID-safe way, in line with the school and local authority's safety control measures.

Your child's measurement will also be used to measure their growth and inform the National Child Measurement Programme (NCMP).

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families.

All the data collected is also used for improving health, care and services through research and planning. All this information is treated confidentially and held securely. No individual measurements will be given to school staff or other children.

Following your child's measurement, we will send you your child's results. If you would like to discuss your child being measured or if your child has a medical condition that you think may affect their measurements, please text The Public Health Nursing Team on their Chat Health Line: 07507 330346 and a member of the team will respond to your query.



disability confident EMPLOYER

Nuala O'Kane – Trust Chair
Patricia Davies – Chief Executive

Withdrawing your child out of the programme

If you are happy for your child to be weighed and measured, you do not need to do anything. If you do not want your child to take part, please return the slip at the end of this letter to the school and your child will not be measured. Children will not be made to participate if they do not want to.

Yours faithfully

Public Health Nursing team

Opting your child out of being weighed and measured (please tick box)

Return this form if you do not want your child to participate.

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I do not wish my child to be weighed and measured for the National Child Measurement Programme. ☐

Child's name	
Child's date of birth	
Child's school	
Parent/carer name	
Parent/carer signature	

Please return to school office please