ARTHOG 2027

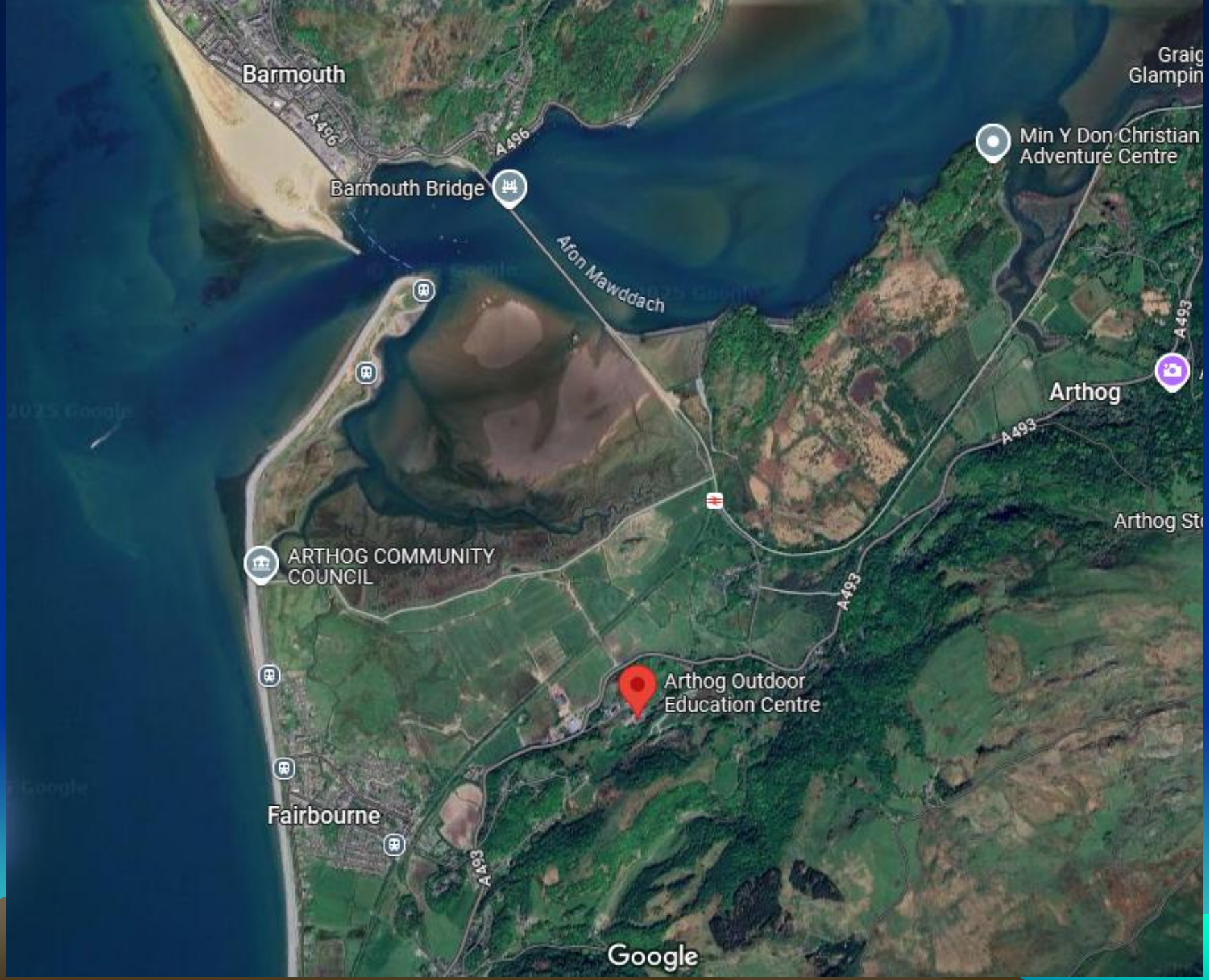


Information for parents, carers of current Year 4 children.

Where is Arthog?



Arthog Outdoor Education Centre is situated in Snowdonia National Park, close to Fairbourne beach.


Barmouth
A496
A496
Barmouth Bridge
Afon Mawddach
Min Y Don Christian Adventure Centre
Graig Glampin
A493
Arthog
A493
Arthog St
ARTHOG COMMUNITY COUNCIL
A493
Arthog Outdoor Education Centre
Fairbourne
A493
Google


The centre sits on a hillside overlooking the Mawddach estuary.


A493
Bwlchgwyn Farm
Arthog Outdoor
Education Centre

Why Arthog?

Physical education programmes of study: key stages 1 and 2
National Curriculum in England

Key Stage 2

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton,
- basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- **take part in outdoor and adventurous activity challenges both individually and within a team**
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

When is the visit taking place?

Wednesday 17th – Friday, 19th March 2027

The Year 5 children attend Arthog Outdoor Education Centre for a three day/two night visit.

The whole Year 5 cohort (41 children) will undertake the visit together for the three days.

We are anticipating taking all pupils, with at least 4 members of staff.

Costs

The price of the trip for 2027 will be **£250**

(50% discount if in receipt of Free School Meals as Pupil Premium Funding will be used to subsidise the cost of the trip)

The full amount has to be paid before we depart on Wednesday, 17th March 2027.

The price covers the three day/two-night stay at Arthog (£226), all food and drink, plus the instructor-led adventurous activities and transport to and from Arthog with Owens Coaches (@£24 per pupil).



Cancellation Insurance

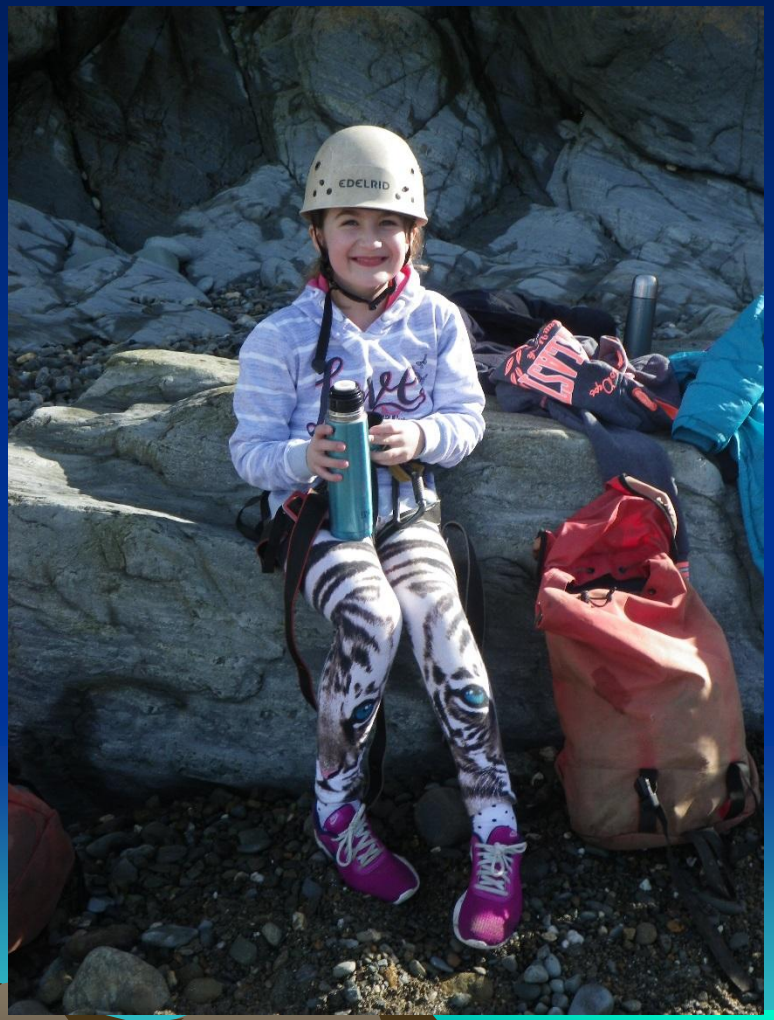
- *"We strongly advise Parents / Legal Guardians to consider personal holiday insurance to cover any cancellation fees they may incur as a result of their child choosing not to attend, or leaving early from a course."*

What outdoor adventurous activities will the children be doing?

Four of the following:

- Team Tasks
- Climbing
- Canoeing
- Gorge Walking
- Orienteering

Nighttime activities may include: Orienteering, the 'nightline', or a night walk & a short amount of time at the Arthog Tuck Shop!



What does the timetable for the activities look like?

Wednesday 17th March	Thursday 18th March	Friday 19th March
Travel to Arthog	Canoe	Climbing
Lunch (*Packed lunch from home)	Lunch	Lunch
Team Tasks/Activity	Gorge Walk	Travel home
Evening meal	Evening meal	
Night-walk	Night-line & Tuck Shop	

So what is going to Arthog actually like?



Arriving at Fairbourne car park
(at approximately 12:00.)





Arriving at the centre (just before lunchtime).


One of the first jobs children have to do upon arrival is find their own luggage!


Children need to take their own single sheet, pillowcase and duvet cover.

First things first ~ bed making!

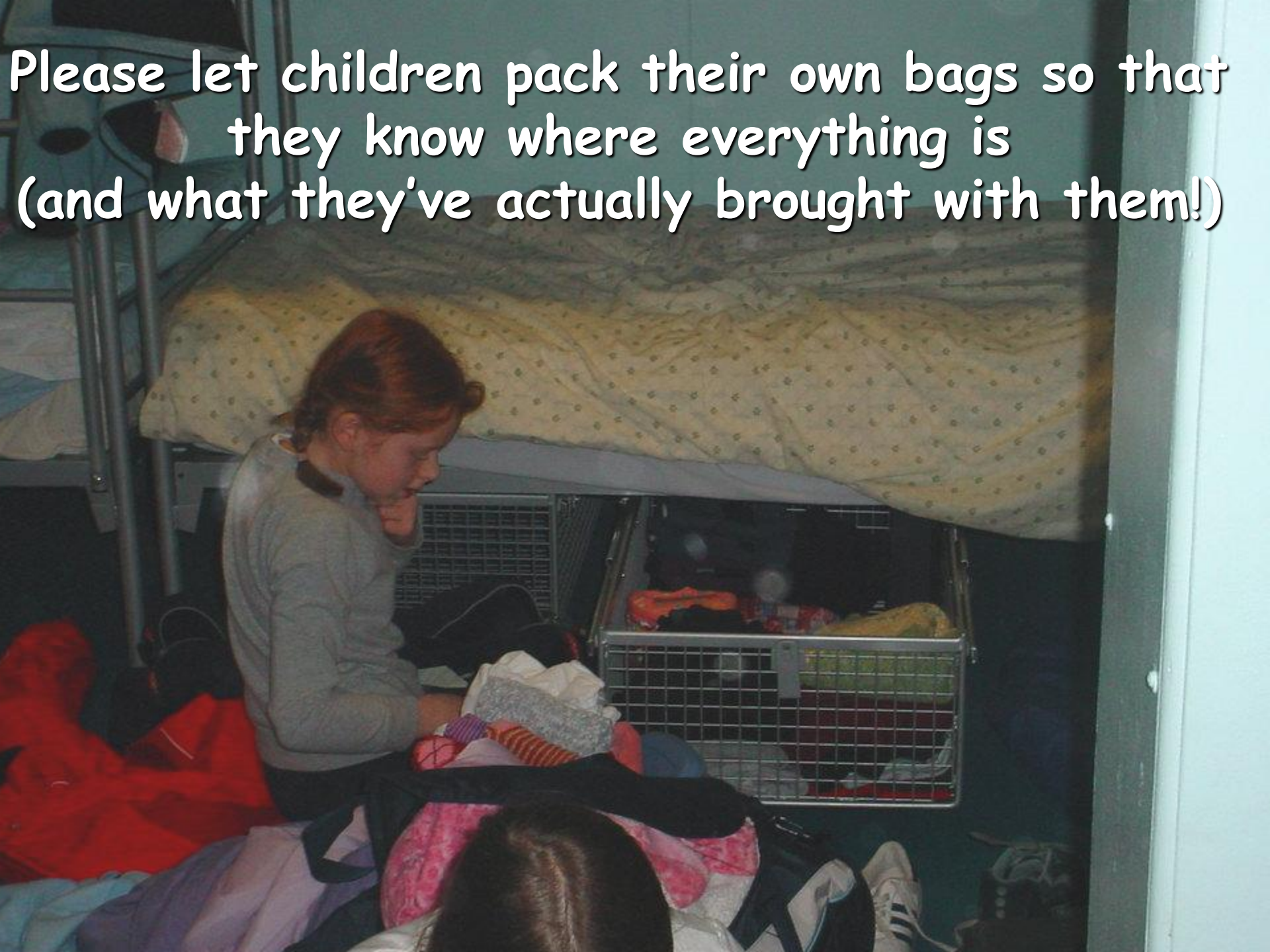


What to bring for your bed



Children need to bring:

- a single duvet cover,
- a bottom sheet
- a pillowcase
- their favourite sleep buddy


Please let children pack their own bags so that they know where everything is (and what they've actually brought with them!)

Arthog Outdoor Education Centre Room Plan



Coedwig (Woodland)
A Helyg - Willow
B Bedw - Birch
C Derw - Oak
D Celyn - Holly

Ty Gwyn (White House)
A Dinas - City
B Tref - Town
C Pentre - Village
D Bwythyn - Cottage
E Caer - Fort
F Castell - Castle
G Plas - Mansion

Glan Y Mor (Seaside)
A Traeth - Beach
B Porth - Bay
C Ynys - Island
D Ogof ddy - Black Cave

Mynyddoedd (Mountains)
A Bryn - Hill
B Mynydd - Mountain
C Dyffryn - Valley
D Crib - Ridge
E Craig - Rock

DWR (Seaside)
A Afon - River
B Nant - Stream
C Llyn - Lalce
D Rhayadr - Waterfall

Dorm inspections!

Children are encouraged to take responsibility for keeping their belongings (and their room) neat and tidy!

No eating, or cameras are allowed in dormitories.



Lunch on day 1

IMPORTANT: Children will need to bring their own packed lunch (and drink) with them to eat upon their arrival at the centre.







The main dining/common room.

Please ensure that you let us know of any food allergies or intolerances on the consent form, so that we can share this information with the Arthog catering team ahead of the visit.



After lunch on the first day, children go to the kit room to be issued with:

- Waterproof jacket
- Waterproof trousers
- Arthog Rucksack
- Hiking boots (if needed)
- Wellies (if needed)


The Arthog staff record the kit issued to each child.


A
B
C
D
E
F
G
H
I


Other specialist kit is issued before each activity takes place.


PEAK UK
PEAK UK
PEAK UK



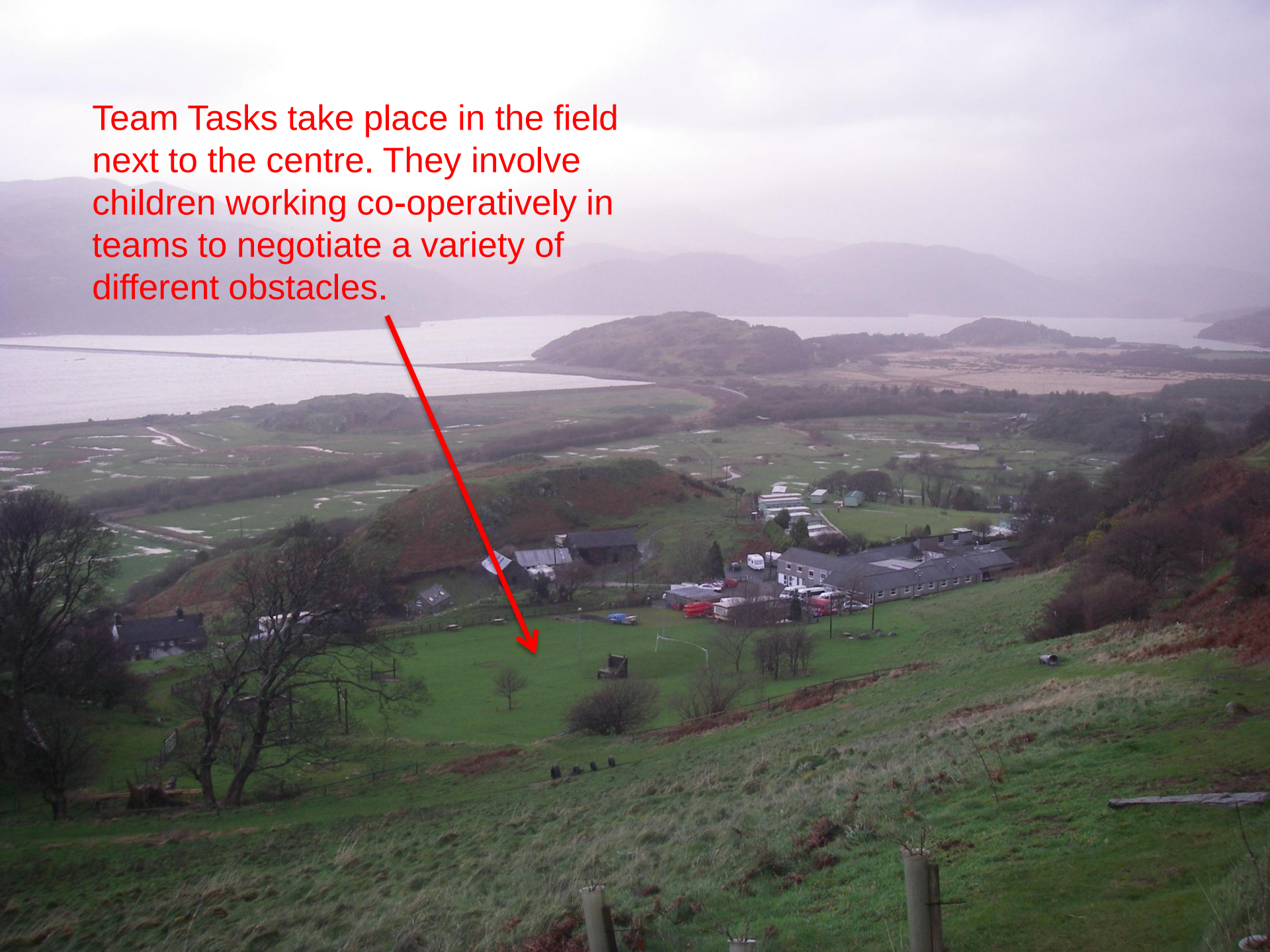
Once the children have all their kit, they meet their instructor who prepares them for the activity and takes them to the location.

Our group of 41 children will probably be split into 4 activity groups.

Although the Arthog instructors remain in overall charge of the group during activities, each group will be accompanied by one or two members of our school staff.

PROGRAMME

TIME	ACTIVITY
07.35hrs	Breakfast sitting 1st Service
08.10hrs	Dining Room Reset for 2nd Service
08.20hrs	Breakfast sitting 2nd Service
09.00hrs	Instructor briefing
09.20hrs	Group briefing – ACTIVITIES
09.30hrs	Collect lunch
12.30hrs	On site lunch (optional)
16.30hrs	Groups return to centre
17.00hrs	Souvenir Shop – Set Day agreed with each school
17.30hrs	Dinner sitting 1
18.10hrs	Dining Room Reset for 2nd Service
18.15hrs	Dinner sitting 2
19.00hrs	(Fire Alarm – First Night only)
	Evening activities


Team Tasks take place in the field next to the centre. They involve children working co-operatively in teams to negotiate a variety of different obstacles.



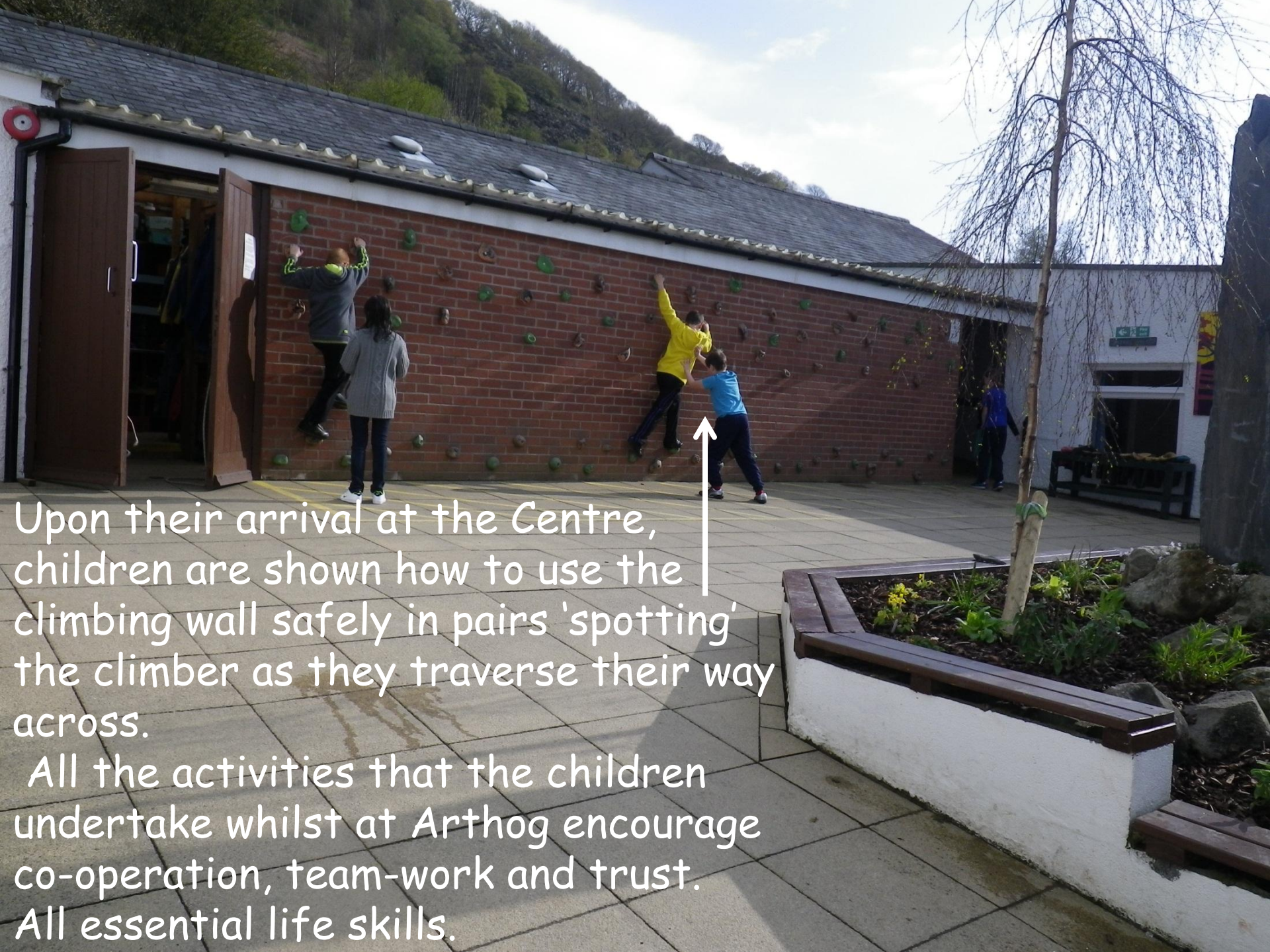









Free-time activities include the low level climbing wall.



Upon their arrival at the Centre, children are shown how to use the climbing wall safely in pairs 'spotting' the climber as they traverse their way across.

All the activities that the children undertake whilst at Arthog encourage co-operation, team-work and trust. All essential life skills.


'Free time' (between end of activities and team time)


Getting kitted out for evening activities.