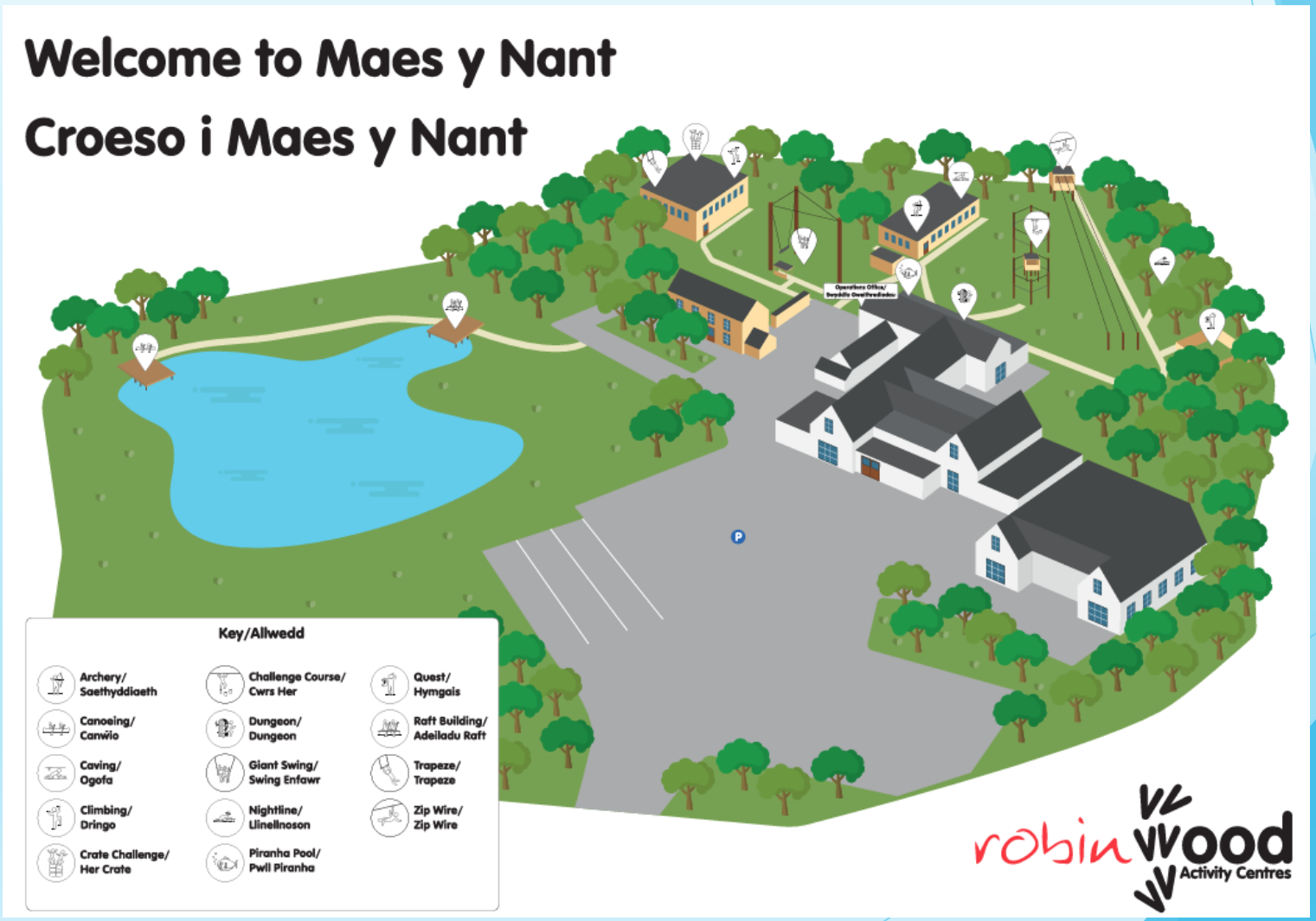
Robinwood

Maes-y-Nant, Cross Lanes, Wrexham



Maes-y-Nant – A Historic Setting for Modern Adventure

- Set in the beautiful Welsh countryside just outside Wrexham, Maes-y-Nant is steeped in history. Originally built as a private home around 1870, its Welsh name means *"house by a stream."*



Maes-y-Nant – Robinwood's Ultimate Adventure Centre

- **All activities are on-site and close together**, making the most of every exciting minute.
- **Purpose-built high ropes course** – a first for Robinwood!
- **Raft Building & Canoeing** take place on a specially designed lake—shallow for safety, but big enough for real adventure.
- **Giant Swing** and an **80-metre Zip Wire**, perfect for Key Stage 2 children.
- Offers Robinwood's **Ultimate Timetable**, including all the classic sessions like **Piranha Pool**, **Dungeon**, and **Quest**.
- **Indoor Archery and Caving** take place in purpose-built facilities, allowing year-round fun regardless of the weather.



Typical three-day programme at Maes-y-Nant

- Children enjoy around 24 hours of high-quality activities over three days, with every moment from **7:00am wake-up to 10:00pm lights out** packed with fun, learning, and adventure.

- Please note: This is a sample timetable. The final programme will be confirmed closer to the visit and may vary depending on weather and group needs.

Day 1

- 11:00am – Arrival
- Lunch
- Giant Swing
- Raft Building
- Crate Challenge
- Evening Meal
- Trapeze
- Quest
- Hot Chocolate & Review

Typical three-day programme at Maes-y-Nant

Day 2

- Breakfast
- Zip Wire
- Canoeing
- Archery
- Lunch
- Nightline
- Piranha Pool
- Caving
- Evening Meal
- Team Challenge
- Hot Chocolate & Review

Day 3

- Breakfast
- Dungeon
- Climbing
- Challenge Course
- Lunch
- 1:30pm – Departure

More about the Activities

So what will we be doing while we're away?





Archery- Focus, Fun & Friendly Competition

- **Indoor Activity**

- Children begin the archery session with a demonstration and one-to-one coaching to help them safely and confidently hit the target. Bows are matched to each child's size and strength, and strict safety rules are always followed.

Once the basics are mastered, the session moves at a good pace, giving children plenty of time to shoot. Later, they take part in fun archery games and mini-tournaments, building skill, focus, and confidence.







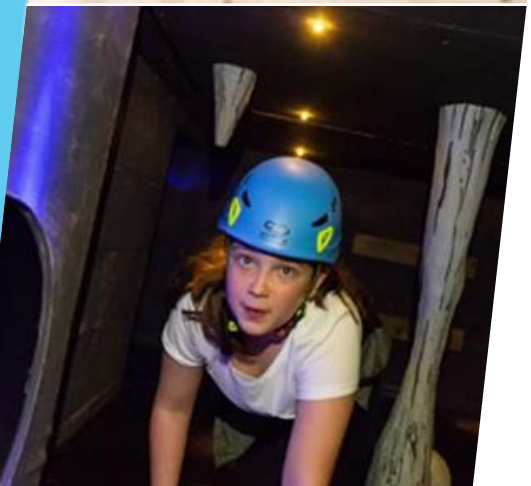
Canoeing- Calm Waters, Big Smiles

- **Outdoor Activity**

- Canoeing takes place on shallow, sheltered water, with children staying close to the bank at all times. They paddle in stable canoes, with up to three children per boat.
A qualified group leader leads the session, offering coaching and support. In the second half, fun canoe games help children practise their skills while having a great time.
All safety gear—buoyancy aids, helmets, and weather-appropriate clothing—is provided and worn throughout.







Caving- Safe Exploration & Adventure

- **Indoor Activity**

- Robinwood's indoor caving systems are specially designed for children aged 7–11, offering a realistic and exciting introduction to caving in a safe environment. The tunnels include frequent emergency exits for added reassurance.
Children wear caving helmets with torches to guide them through the network. Instructors use imaginative themes like cave exploration and rescue missions to make the session fun and engaging, while encouraging teamwork and confidence.







Climbing- Reaching New Heights

- **Indoor Activity**

- Robinwood's purpose-built indoor climbing walls offer a safe and exciting way for children to challenge themselves. Each climber is attached to two safety ropes.

While one child climbs, others stay involved by offering encouragement. There are extra challenges and fun climbing games for those who want to push themselves further. Robinwood instructors are skilled at building confidence, ensuring every child leaves the session feeling proud.







Crate Challenge- Building Confidence Together

- **Indoor Activity**

- In Crate Challenge, four children work as a team to build and climb a tower made of crates. Each child wears a safety harness.

The rest of the group supports by passing crates and encouraging their teammates. It's a fun, high-energy activity that promotes teamwork, trust, and resilience.







Dungeon- Spooky Fun & Team Challenges

- **Indoor Activity**

- In the Dungeon, children work together to solve spooky-themed puzzles and escape as a team. With cobwebs, skeletons, and eerie sounds, the setting sparks imagination—but it's all designed to be fun, not frightening.
Challenges include navigating tunnels, solving floor puzzles, and working through mazes. Some tasks are done in small groups, others as a whole team—ensuring everyone is involved. Group leaders use storytelling to build excitement while keeping things age-appropriate and light-hearted.







Giant Swing- A Thrilling Team Effort

- **Outdoor Activity**

- The Giant Swing combines excitement with teamwork. Two children, safely strapped into full harnesses, are lifted into the air by their group using a rope system. Once ready, the children choose when to pull the release cord—whether from the top for a big thrill or lower down for a gentler swing.
It's one of Robinwood's most popular activities, offering a safe and exhilarating experience that builds confidence and group spirit.







Nightline- Trust, Teamwork & a Bit of Mystery

- **Outdoor Activity**

In Nightline, children wear blindfolds and follow a rope trail through a series of fun and surprising obstacles. It's a great way to build trust, communication, and teamwork.
Before starting, the group plays games to help them work better together. Along the way, they'll crawl, duck, and navigate their way through the course—learning about their senses and having lots of laughs in the process. It's safe, supervised, and full of adventure!







Challenge Course- Adventure in the Woods

- **Outdoor Activity**

- Robinwood's Challenge Course runs through wooded areas and includes tunnels, climbing walls, rope bridges, scramble nets, and other exciting obstacles. It's designed to blend into the natural environment and encourages teamwork as children help each other through each part of the course.
At Maes-y-Nant, the course includes a high wires circuit, offering a thrilling test of both individual courage and group cooperation.







Piranha Pool- Problem Solving with a Splash

- **Indoor Activity**

- Piranha Pool is a fun, themed challenge where children complete 'Crystal Maze'-style tasks while crossing a pretend pool—without falling in! It's one of the most talked-about sessions at Robinwood.
To succeed, children must plan, communicate, and work as a team. The activity is completely safe, and even if someone ends up in the "piranha pool," there's no harm done—just a lot of laughs!







Quest- Problem Solving Through Teamwork

- **Outdoor Activity**

- Quest is a fun and challenging activity where children work together to solve a series of physical and mental puzzles. Some tasks are tackled as a whole group, while others are done in smaller teams to ensure every child is actively involved.

Each Robinwood centre adds its own creative twist—such as *Dragon's Quest*, *Knight's Quest*, or *Alien Conspiracy*—making the experience even more exciting and memorable.







Team Challenge - Whole Group Fun

- **Indoor Activity**

- Team Challenge is a lively evening activity where several groups come together for fun, inter-group challenges. It's a great opportunity for the whole school group—children, teachers, and Robinwood staff—to share experiences and enjoy working together in a fun, supportive environment.







Trapeze- A Leap of Courage

- **Indoor Activity**

- In the trapeze session, children climb to a platform around 5 metres high and leap to catch a bar hanging just ahead. It's a thrilling challenge that builds confidence and resilience.

- Children are securely roped in at all times, wearing a helmet and full safety harness. Robinwood instructors provide expert coaching and encouragement, making this one of the most exciting and rewarding activities of the trip.







Zip Wire- A High-Flying Confidence Boost

- **Outdoor Activity**

- The zip wire is an exciting activity that builds confidence and encourages group support. Each platform has two zip lines to keep waiting times short and ensure everyone stays involved.

Children wear a helmet and full-body safety harness and are securely roped in from the moment they leave the ground. Robinwood instructors follow strict safety procedures throughout the session.







Raft Building- Teamwork on the Water

- **Outdoor Activity**

- Raft building is a fun, team-based watersport where children work together to design and build a raft using equipment provided by Robinwood. It's a great challenge that encourages problem-solving and cooperation.

- As with all outdoor activities, sessions may be adapted depending on the weather. Children are very likely to get wet, so a change of clothes is essential! Robinwood provides all necessary safety gear, including buoyancy aids and helmets.







Staffing levels

- **Supervision During Activities**

- Children are supervised by trained Robinwood staff throughout all activity sessions. Most activities are led by a group leader working with 9–13 children. For certain sessions, like the zip wire or stream walk, an additional qualified staff member supports the group.
- Robinwood regularly observes sessions to support staff development and maintain high standards.

- **Additional Adult Support**
- Teachers and other accompanying adults also help supervise and support children during the trip.







Accommodation

So where will the children be staying while they're away?

Accommodation at Maes-y-Nant

All dormitories and staff rooms are located within the main building. Children sleep in shared dormitories of **2–12**, each with **en-suite toilets and wash basins**. Teachers are accommodated nearby for added reassurance.

The centre can host up to **170 children**, and dorms are shared with friends where possible. **Room allocations** will be arranged fairly with the children closer to the visit. If you have any concerns about groupings, please note them on the **Information Form** that will be sent to you.







Supervision outside of activity times

- **Robinwood Residential – What Parents Need to Know**

- Children are fully supervised by Robinwood staff throughout their stay – during activities, meals, breaks, and overnight. The schedule is designed to keep children engaged and active from morning until bedtime, with a mix of exciting activities, games, songs, and team challenges.

- **Accommodation & Hygiene**

- Children sleep in shared dormitories with bedding provided and nearby toilet facilities. Shower times are built into the schedule, and staff ensure good hygiene is maintained.

- **Night-Time Supervision**

- Dedicated night staff are on duty to support children overnight. Each dorm has a call button so children can easily request help if needed.



Food at Robinwood – Tasty, Nutritious & Child-Friendly

- **Plenty of good food** is provided to keep children energised throughout their stay.
- **Breakfast** includes toast, cereals, and a full cooked option.
- **Lunch** typically features chicken wraps, baked potatoes with fillings, sandwiches, soup, fruit, and yoghurts.
- **Evening meals** include hot dishes like pasta bolognese or pizza, followed by a tasty dessert.
- **Snacks** are also provided during break times.
- **Vegetarian options** are always available, and **special dietary needs** can be catered for—just let Robinwood know in advance.
- Meals are designed to be **healthy and appealing**, giving children the energy they need for their action-packed days.

robinwood

We make a really positive DIFFERENCE developing children

Children's Menu

Maes y Nant

Fruit & Snacks

Break time snacks are provided and fruit is always available.

Dietary & Allergens

There is always a vegetarian option and we regularly cater for special diets such as coeliac disease (gluten free), lactose free, dairy free and halal.

A carb count breakdown is available on our schools dashboard.

Please let us know in advance of any dietary needs.

Lunch

Cheese & Tomato Pizza
Salad
Crisps/Biscuit
Orange Slices
Carrot & Cucumber Sticks

Dinner

Baked Potato (with choice of fillings)
Pasta Bolognese
Tomato Pasta
Garlic Bread
Salad
Ice Cream

Hot Chocolate and a biscuit in the evening

Breakfast

Sausage
Mini Potato Waffles
Beans
Toast
Choice of Cereals
Fruit

Lunch

Jumbo Hot Dog
Chicken Burger
Sandwich (cheese, ham, tuna or jam)
Muffin
Orange Slices
Carrot & Cucumber Sticks

Dinner

Fish Fingers & Chips
Curry & Rice
Naan
Peas & Sweetcorn
Cookie

Hot Chocolate and a biscuit in the evening

Breakfast

Sausage
Mini Potato Waffles
Beans
Toast
Choice of Cereals
Fruit

Lunch

Sausage Roll
Cheese & Onion Pasty
Salad
Crisps/Biscuit
Carrot & Cucumber Sticks
Orange Slices

Water and juice are provided at meal times and water points can be found across the centre to refill water bottles.

Safety at Robinwood

- Robinwood has an **excellent safety record** built over 23 years, with over **45,000 children** visiting each year.
- All activities take place in **safe, secure environments**, specially designed for children aged 7–11.
- Staff undergo **extensive training** and regular assessments to maintain high safety standards.
- Safety is more than a checklist—**it's a mindset**. Every Robinwood team member treats safety as their highest priority at all times.

Risk Assessments

- Robinwood carries out **detailed risk assessments** for all aspects of the course, including activities and general site safety. These are **regularly reviewed and updated** to ensure children are never placed in unsafe situations.
- As party leader, I also complete a risk assessment specific to our school group.

Insurance Cover

Robinwood has **comprehensive public liability insurance** in place, providing cover of up to **£10 million**.

Safeguarding – A Safe and Supportive Environment

Robinwood is fully committed to ensuring that all children feel **safe, respected, and happy** during their stay.
They have **clear and robust safeguarding policies** in place, covering staff recruitment, behaviour, and supervision. These policies reflect **statutory responsibilities**, follow **government guidance**, and meet **best practice standards**.
Creating a secure and supportive environment is at the heart of everything Robinwood does.

Kit List
So what do we need to take?

Suggested Clothing List

There is no need to go out and buy anything special for a trip to Robinwood, all specialist equipment is provided. The clothing list given includes clothing being worn on the journey (so if you are wearing a pair of trousers for the journey, you only need to pack 2 more pairs).

- Water Bottle
- 3 Comfortable long-sleeved tops (sweatshirts/jumpers/hoodies/fleeces)
- 3 T-shirts (not vest type)
- 3 Pairs of trousers (not restrictive, sportswear is good/ideally not jeans)
- 2 Pairs of shorts (knee length)
- 5 Sets of underwear
- 6 Pairs of socks
- 2 Pairs of trainers
- 2 Towels
- 1 Waterproof coat
- 1 Sun hat (in warm weather)
- 1 Set of nightwear
- 1 Bag of toiletries (including suntan lotion and insect repellent in warm weather)
- 1 Black bin liner

Notes on the suggested clothing

1. Please ensure, wherever possible, that items brought to Robinwood are marked with the child's name. It is really helpful if the school's name can also be indicated. We do our very best to return all property to the children that it belongs to and this is made much easier if items are named.
2. We have a drying room and also provide a laundry facility for children's clothing at Robinwood. Wet and/or dirty clothing will be washed on a 30-degree cycle and dried in a tumble drier. Please do not bring any new or expensive items, or any items which cannot be tumble dried. Please note that we don't have time to offer this service on the last morning, so if clothes get wet on you final day it's likely you will return with some damp clothes. The black bin liner listed is helpful to keep these separate from other clothes.
3. As a result of the provision of specialist Robinwood clothing and the laundry facility offered, children do not need to bring much additional clothing with them. Keeping the clothing brought by children to a minimum helps us to reduce lost property, so please don't exceed numbers stated in this clothing list.
4. Due to the nature of the activities, it is possible that clothes may occasionally get damaged. All clothing should be suitable for use in an outdoor, and sometimes muddy, environment. Old clothes are best, not new or expensive clothing.

Items not to bring

1. Please do not bring items such as mobile phones, any type of cameras (including disposables), computer games or iPads/tablets. Leave all expensive items at home.
2. Please do not bring any aerosol sprays. Our fire alarm is sensitive in order to ensure high standards of fire safety and aerosols sprayed near any of the many smoke alarm sensors can set off the fire alarm for the whole centre.
3. All bedding is provided, there is no need to bring your own bedding.

Lost property

1. During the course we will collect any lost property and display it for the group to re-claim whenever possible, particularly at the end of the course. If lost property appears after the group has left Robinwood we will post this on to the school, if the school and/or the owner can be identified.
2. If it is recognised that items have been lost whilst at Robinwood, it is best to let the school know, so that they can log details of the missing item(s) with us. We will be happy to search on centre for any lost items, as long as we are notified no more than 3 operational weeks after the course finished. We will then either return items or confirm that unfortunately we have been unable to find them.

Below you'll find a useful resource for including your child in the packing process. We believe this helps them develop a responsibility for their belongings, and look after them during the trip, reducing the amount of lost property.

Packing for Robinwood

(This list includes what you'll wear to Robinwood)



☐ 3 x T-Shirts (No vests please)



☐ 2 x Towels



☐ 3 x Long Sleeve Tops (Jumpers/Hoodies etc)



☐ 1 x Hat (in warm weather)



☐ 3 x Trousers (Ideally not jeans)



☐ 6 x Pairs of socks
5 x Pairs of underwear



☐ 2 x Pair of shorts (Knee length or longer)



☐ 2 x Pair of trainers



☐ 1 x Set of pyjamas



☐ 1 x Bag of toiletries (No aerosols please)



☐ 1 x Coat, ideally waterproof (For walking to centre)



☐ Water Bottle

Please do not bring any phones, cameras or other electrical devices





Important Notes for Parents



- Some activities at Robinwood require **arms and legs to be covered** for safety.
- Children may get **muddy or dirty**, so please pack **old clothes**.
- To help us return lost items, **label all clothing with your child's name**.



Preparing for Poor Weather

- **Robinwood leaders ensure children are dressed appropriately** for all weather conditions, checking layers and waterproofs before each activity.
- Children are encouraged to take some responsibility, but leaders always supervise and support preparation.
- **Extra clothing is provided** by Robinwood, including waterproof jackets, over-trousers, fleece tops, mittens, and wellies.
- If the weather becomes **severe**, indoor alternatives are offered to keep children safe.



What NOT to Bring

- These items are **not covered by the centre's insurance**, so please leave them at home:
- Mobile phones
- Expensive cameras
- Electronic games
- iPods or MP3 players
- Aerosols
- Expensive or cherished jewellery
- Expensive or favourite clothing or shoes



Midnight Snacks Reminder

Your child will be well-fed—the food is fantastic!
Please avoid packing sweets, crisps, or fizzy drinks in their luggage.
A good night's sleep is important…
for the children—and the teachers!

Health, Medicines & Dietary Needs

- Please inform us of **any health issues, medications, or dietary needs** before the trip so we can complete risk assessments and notify Robinwood.
- A form will be sent home asking for:
  - **Two emergency contact numbers**
  - Details of **medical or dietary needs** (e.g. asthma, eczema, allergies, bedwetting, travel sickness)
  - Any concerns about **grouping or sleeping arrangements**
- All medicines must be:
  - **Clearly labelled** with your child's name, dosage, and timing
  - Placed in a **resealable bag** and handed to **myself**.
  - **Inhalers** may be kept with the child









Why Robinwood?

- This experience offers so much more than just fun:
- Builds **confidence**, **independence**, and **teamwork**
- Encourages children to **try new things** and step out of their comfort zones
- Develops **problem-solving skills** and resilience
- Creates lasting **memories and friendships**
- It's a real adventure—with real benefits!



What Your Child Will Gain at Robinwood

Throughout their stay, children will have the chance to:

- Challenge themselves and overcome fears
- Improve listening and communication skills
- Take on leadership roles
- Grow in confidence when speaking in groups
- Support others in challenging situations
- Become stronger team players
- Work successfully with a wider range of peers.



What Else Children Learn

At Robinwood, children also learn to:

- Be more aware of others' needs
- Improve their problem-solving skills
- Develop resilience and perseverance
- Overcome physical challenges



Question Time

Thank you so much for coming!

We're happy to answer any questions you may have