

Physical Education Long-term Overview (Cycle A)
2018/19, 2020/21, 2022/23

<i>Class Names</i>	<i>Autumn 1</i>	<i>Autumn 2</i>	<i>Spring 1</i>	<i>Spring 2</i>	<i>Summer 1</i>	<i>Summer 2</i>	<i>Notes</i>
Reception	LCP EYFS resources Text Unit 1	LCP EYFS resources Text Unit 2	Swim	Swim	LCP EYFS resources Text Unit 3	LCP EYFS resources Text Unit 4	Unit 5 has fine motor skills lessons which might be useful

KEY STAGE ONE

	AUTUMN	SPRING	SUMMER	
Wrens (Y1)	Gymnastics – Cycle A	Dance – Cycle A	Striking and Fielding	
Sports Coach or swimming	Invasion Games	Net and Wall Games	Swimming	
Robins (Y1/2)	Invasion Games	Dance – Cycle A	Gymnastic – Cycle A	There are swimming plans available which may be useful
Sports Coach or swimming	Swimming	Net & Wall Games	Striking & Fielding Games	
Owls (Y2)	Dance – Cycle A	Net & Wall Games	Gymnastics – Cycle A	
Sports Coach or swimming	Invasion Games	Swimming	Striking and Fielding	
KEY STAGE TWO				

Physical Education Long-term Overview

	AUTUMN	SPRING	SUMMER	
Kingfishers (Y3/4)	<i>Invasion Games – Cycle A</i>	<i>Dance – Cycle A</i>	<i>Gymnastics – Cycle A</i>	
<i>Sports Coach or swimming</i>	Swimming	<i>Net & Wall Games (A)</i>	<i>Striking & Fielding (A)</i>	
Puffins (Y3/4)	<i>Invasion Games – Cycle A</i>	<i>Dance- Cycle A</i>	<i>Gymnastics – Cycle A</i>	
<i>Sports Coach or swimming</i>	Swimming	<i>Net & Wall Games (A)</i>	<i>Striking & Fielding (A)</i>	
Kestrels (Y4/5)	<i>Dance – Cycle A</i>	<i>Net & Wall- Cycle A</i>	<i>Gymnastics – cycle A</i>	
<i>Sports Coach or swimming</i>	<i>Invasion Games (A)</i>	Swimming	<i>Striking & Fielding (A)</i>	
Hawks (Y4/5)	<i>Dance – Cycle A</i>	<i>Gymnastics - Cycle A</i>	<i>Striking & fielding (A)</i>	
<i>Sports Coach or swimming</i>	<i>Invasion Games (A)</i>	<i>Net & Wall Games (A)</i>	Swimming	
Year 6	<i>Gymnastics – Cycle A</i>	<i>Dance – Cycle A</i> <i>Net & Wall – (A)</i>	<i>Striking & Fielding (A)</i>	
<i>Sports Coach or swimming</i>	<i>Invasion</i>		Swimming	