The Meadows Primary School

Vision for Physical Education

To encourage a healthy lifestyle. We strive to do this by engaging children in a range of sporting experiences, with high quality PE teaching.

To develop PE and sport to enhance physical ability, confidence and self-esteem. We aim to help each child to fulfil their potential by providing them with the required knowledge and skills, and giving them the opportunity to compete internally, and with other schools.

To instil a passion for PE and sports by giving all the children the opportunity to take part in competitive sports and being part of a team.

Why do we teach Physical Education?

To encourage a healthy lifestyle by engaging children in a range of sporting experiences, with high quality PE teaching.

When we have been successful in achieving our vision for Physical Education:

We will see:	We will hear:	We will have children who:
❖ children who are excited and eager to learn; ❖ active children engrossed in physical activities; ❖ children working co-operatively and collaboratively together; supporting each other's learning; ❖ pairs and groups leading warm ups/ cools downs; ❖ children carrying apparatus carefully and safely; ❖ children purposefully moving around the hall / playground using high levels of energy; ❖ smiling, happy, engaged children; looking like they are enjoying sport; ❖ children who are able to create and perform routines; ❖ children themselves, teaching, coaching and mentoring their peers; ❖ children being healthy and active; ❖ children working in teams or partners and communicating effectively; ❖ children developing and becoming proficient with sporting skills; ❖ children using a range of sports equipment effectively;	❖ the energy on the playground/ hall; ❖ an excited 'buzz' in the atmosphere (productive); ❖ lots of good questions being asked by the children of themselves and each other; ❖ children sharing good ideas, ❖ children bonding with each other and building effective relationships in the joint pursuit of achieving a challenge; ❖ children encouraging each other; offering praise and celebrating together; ❖ children who are caught up in the moment, oblivious of others around them; ❖ children working as a team and using effective communication; ❖ Children who are happy and motivated to succeed.	❖ are curious, enthusiastic learners; ❖ feel challenged, yet supported; ❖ feel mentally and physically exhilarated; ❖ become intrinsically self-motivated; ❖ feel personally empowered ❖ are confident to have a go; ❖ feel prepared to take risks and make mistakes in order to learn from them; ❖ feel a great sense of personal achievement and self-satisfaction that they persevered and achieved; ❖ have a physical self-belief in their own ability; ❖ are disappointed at the end of the lesson that they've got to stop what they are doing! ❖ are team players; ❖ are being fit and active; ❖ understand the importance of healthy lifestyles; ❖ show and demonstrate our school's British values; ❖ have an understanding of personal best.